





Pacing Guide and Supporting Activities: **Setting Goals in the New School Year**






Grade Band: **Grade 3-5** | Duration: **5 Days**





Overview: Students first explore BrainPOP’s Back to School 2021 topic which features strategies for setting themselves up for a successful year, and follow up with the Setting Goals topic, which details the SMART technique for goal setting: specific; measurable; attainable; realistic or relevant; and time-bound.

Unit Goal: Students will set a goal for the new school year using the concept mapping tool, Make-a-Map, to identify how their goal is SMART.

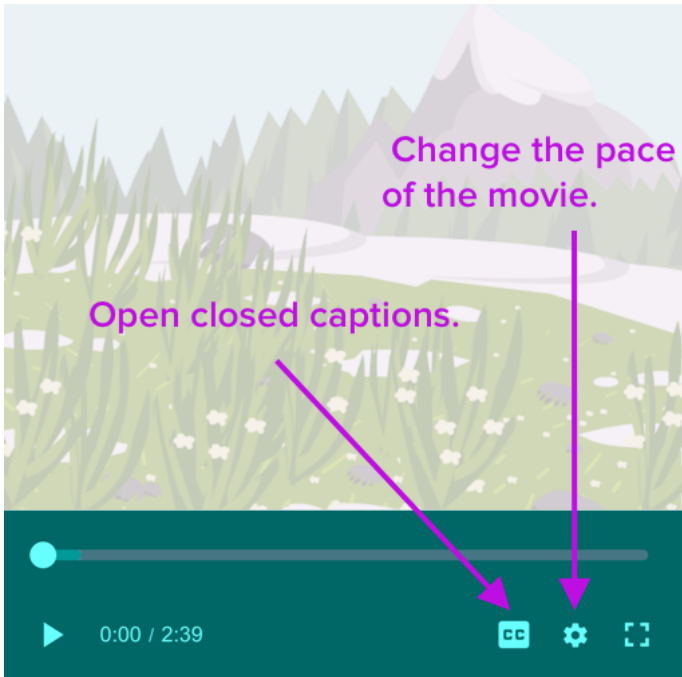
BrainPOP Topics: (1) Back to School 2021 (2) Setting Goals

	DAY 1 - 30 Min	DAY 2 - 30 min	DAY 3 - 30 min	DAY 4 - 40 min	Day 5 - 30 min
<p>Build Background</p> <p>Watch the movie, pausing to reflect on content.</p>	 <p>Watch Movie: Back to School 2021</p>	 <p>Re-watch Movie and Discuss: Back to School 2021 After watching, ask: <i>What is most challenging for you about returning to school this year?</i></p>	 <p>Watch & Discuss Movie: Setting Goals After watching, suggest a goal, such as <i>I'll study geometry for 30 minutes every day</i></p>	 <p>Re-watch Movie: Setting Goals Before watching, ask students to consider goals they have for transition back to school this</p>	<p>Re-watch Movies (optional):</p> <p>Back to School 2021</p> <p>Setting Goals</p>

		Which strategies from the movie will you try?	this week, to earn at least a B+ on Friday's quiz. Ask how it addresses each part of SMART.	year.	
<p>Think & Do</p> <p>Engage with a feature or tool.</p>	 <p>Vocabulary</p> <p>Vocabulary Development:</p> <p>Back to School 2021</p> <p>Assign students different terms. Have them share their definitions and sentences with peers online.</p>	 <p>Make-a-Movie</p> <p>Apply Knowledge:</p> <p>Back to School 2021</p> <p>Students make a movie that answers this question: What can I do if I'm feeling nervous returning to school this year?</p> <p>View rubric.</p>	 <p>Game</p> <p>Apply Knowledge:</p> <p>Setting Goals</p> <p>Students play <i>The Meaning of Beep</i> to apply their understanding of relevant vocabulary.</p>	 <p>Worksheet</p> <p>Apply Knowledge:</p> <p>Setting Goals</p> <p>Students set a back-to-school goal and ways to achieve it.</p>	 <p>Make-a-Map</p> <p>Apply Knowledge:</p> <p>Setting Goals</p> <p>Students create a concept map identifying how their back-to-school goal is SMART: specific, measurable, attainable, realistic, and time-bound.</p> <p>See Make-a-Map tutorial.</p> <p>View rubric.</p>

<p>Assess</p> <p>Demonstrate understanding.</p>	 <p>Test yourself: Back to School 2021</p>	 <p>Discuss: Have students share and discuss their movies with classmates.</p>		 <p>Challenge yourself: Setting Goals</p>	 <p>Test Yourself: Setting Goals</p>
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Movie Viewing Tips



Standard	Activity
CCSS.ELA-Literacy. RI.3.1 , RI.4.1 , RI.5.1 CCSS.ELA-Literacy. RI.3.2 , RI.4.2 , RI.5.2	Build Background Watch and discuss movies:

<p>HE.7.1.G Determine behaviors that promote healthy growth and development. HE.7.1.G Engage in behaviors that promote healthy growth and development during puberty.</p>	<p>Back to School 2021 Setting Goals</p>
<p>CCSS.ELA-LITERACY.L.3.4, L.4.4, L.5.4</p>	<p>Think & Do Vocabulary: Back to School 2021</p>
<p>CCSS.ELA-LITERACY.L.3.4, L.4.4, L.5.4 CCSS.ELA-LITERACY.W.3.2, W.4.2, W.5.2 CCSS.ELA-LITERACY.SL.3.4, SL.4.4, SL.5.4</p>	<p>Think & Do Make-a-Movie: Back to School 2021</p>
<p>CCSS.ELA-LITERACY.L.3.4.A, L.4.4.A, L.5.4.A</p>	<p>Think & Do Meaning of Beep: Setting Goals</p>
<p>CCSS.ELA-LITERACY.W.3.2, W.4.2, W.5.2 HE.P12 Set a short-term goal for positive health practices. HE.P14 Monitor progress on a personal health goal.</p>	<p>Think & Do Worksheet: Setting Goals</p>
<p>CCSS.ELA-Literacy.RI.3.2, RI.4.2, RI.5.2 CCSS.ELA-Literacy.RI.3.5, RI.4.5, RI.5.5</p>	<p>Think & Do Make-a-Map: Setting Goals</p>
<p>CCSS.ELA-Literacy.RI.3.2, RI.4.2, RI.5.2</p>	<p>Assess Quiz: Back to School 2021 Quiz: Setting Goals</p>

CCSS.ELA-LITERACY.[RI.3.3](#), [RI.4.3](#), [RI.5.3](#)
CCSS.ELA-LITERACY.[W.3.2B](#), [W.4.1.B](#), [W.5.1.B](#)

Assess

[Challenge: Setting Goals](#)