

## Pacing Guide and Supporting Activities: **Setting Goals and Taking Action**






Grade Band: **Grade 6-8** | Duration: **5 Days**




**Overview:** Students first explore BrainPOP’s Setting Goals topic, which explains why we set goals and details the SMART technique: specific; measurable; attainable; realistic or relevant; and time-bound. Then, students discover how Malala (or another [biography](#) that aligns to their interest or the curriculum) applied goal-setting strategies to reach her goals and make changes.

**Unit Goal:** Students will set a grade-level goal for the new school year using the concept mapping tool, Make-a-Map, and identify actions required to achieve that goal.

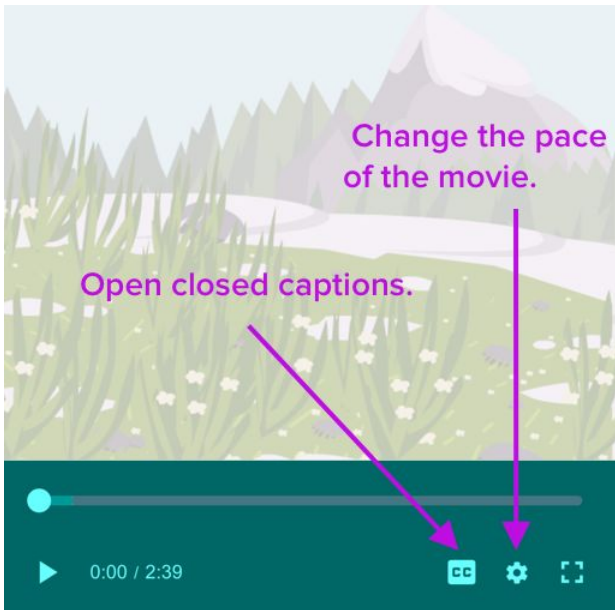
**BrainPOP Topics:** (1) Setting Goals (2) Malala (or another [biography](#) that aligns to student interest or curricular topic).

	DAY 1 - 30 Min	DAY 2 - 30 min	DAY 3 - 30 min	DAY 4 - 30 min	Day 5 - 30 min
<p><b>Build Background</b></p> <p>Watch the movie, pausing to reflect on content.</p>	<p>Watch &amp; Discuss Movie:</p> <p><a href="#">Setting Goals</a></p> <p><b>Learning Tip:</b> Before watching, ask students to identify a</p>	<p>Re-watch &amp; Discuss Movie:</p> <p><a href="#">Setting Goals</a></p> <p><b>Learning Tip:</b> After watching, suggest a goal such</p>	<p>Watch &amp; Discuss Movie:</p> <p><a href="#">Malala</a> (or students choose another <a href="#">biography</a>)</p> <p><b>Learning Tip:</b></p>	<p>Re-watch &amp; Discuss Movie:</p> <p><a href="#">Malala</a></p> <p><b>Learning Tip:</b> After watching, ask <i>What steps did</i></p>	<p>Re-watch Movies (optional):</p> <p><a href="#">Setting Goals</a></p> <p><a href="#">Malala</a></p>

	<p>goal they set and met. <i>What challenge did this goal address? How did you know when you met the goal?</i></p>	<p><i>as I will submit all assignments on time, for every class during the first semester.</i> Then have students discuss a challenge this goal addresses.</p>	<p>After watching, students identify one of Malala’s goals and the challenges it addressed.</p>	<p><i>Malala take toward reaching her goal?</i></p>	
<p><b>Think &amp; Do</b></p> <p>Engage with a feature or tool.</p>	 <p>Graphic Organizer</p> <p>Apply Knowledge:</p> <p><a href="#">Setting Goals</a></p> <p>Students give examples of goals that meet and do not meet each of the SMART requirements.</p>	 <p>Make-a-Map</p> <p>Apply Knowledge:</p> <p><a href="#">Setting Goals</a></p> <p>Students create a concept map identifying how their back-to-school goal is SMART.</p> <p>See <a href="#">Make-a-Map tutorial</a>.</p> <p>View <a href="#">rubric</a>.</p>	 <p>Graphic Organizer</p> <p>Apply Knowledge:</p> <p><a href="#">Malala</a></p> <p>Students identify details about Malala’s life.</p> <p><b>Learning Tip:</b> Ask how aspects of Malala’s life may have helped her achieve her goals.</p>	 <p>Worksheet</p> <p>Apply Knowledge:</p> <p><a href="#">Malala</a></p> <p>Students analyze Malala’s impact from different perspectives.</p>	 <p>Make-a-Map</p> <p>Apply Knowledge:</p> <p>Revisit the <a href="#">Setting Goals</a> concept map created on Day 2. Students add and sequence the action steps needed to reach their goal.</p> <p>View <a href="#">rubric</a>.</p>

<p><b>Assess</b></p> <p>Demonstrate understanding.</p>	 <p>Challenge yourself: <a href="#">Setting Goals</a></p>		 <p>Test Yourself: <a href="#">Malala</a></p>	 <p>Challenge yourself: <a href="#">Malala</a></p>	
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### Movie Viewing Tips



CCSS

Standard	Activity
<p>CCSS.ELA-LITERACY.<a href="#">RI.6.1</a>, <a href="#">RI.7.1</a>, <a href="#">RI.8.1</a>            CCSS.ELA-LITERACY.<a href="#">RI.6.2</a>, <a href="#">RI.7.2</a>, <a href="#">RI.8.2</a></p> <p>HE.6.M10. Analyze the external and internal influences on mental, emotional, and social Health.            HE.6.S11. Examine influences on safety and violence-related behaviors.            HE.7.2.1.M Analyze internal and external influences on mental, emotional, and social health</p> <p>SS.6-8.CS.2 Students construct various timelines of key events, people, and periods of the historical era they are studying.            SS.6-8. HI.1 Students explain the central issues and problems from the past, placing people and events in a matrix of time and place</p>	<p><b>Build Background</b>            Watch and discuss movies:</p> <p><a href="#">Setting Goals Malala</a></p>
<p>CCSS.ELA-LITERACY.<a href="#">W.6.2</a>, <a href="#">W.7.2</a>, <a href="#">W.8.2</a>            CCSS.ELA-LITERACY.<a href="#">RI.6.2</a>, <a href="#">RI.7.2</a>, <a href="#">RI.8.2</a>            CCSS.ELA-Literacy.<a href="#">WHST.6-8.9</a></p> <p>HE.6.S11. Examine influences on safety and violence-related behaviors.</p>	<p><b>Think &amp; Do</b>  <a href="#">Worksheet: Malala</a></p>
<p>CCSS.ELA-LITERACY.<a href="#">W.6.2</a>, <a href="#">W.7.2</a>, <a href="#">W.8.2</a></p> <p>HE.7.2.1.M Analyze internal and external influences on mental, emotional, and social health.</p>	<p><b>Think &amp; Do</b>  <a href="#">Graphic Organizer: Malala</a></p>
<p>CCSS.ELA-LITERACY.<a href="#">W.6.2</a>, <a href="#">W.7.2</a>, <a href="#">W.8.2</a></p> <p>HE.6.M10. Analyze the external and internal influences on mental, emotional, and social Health.</p>	<p><b>Think &amp; Do</b>  <a href="#">Graphic Organizer: Setting Goals</a></p>

<p>CCSS.ELA-LITERACY.<a href="#">RI.6.2</a>, <a href="#">RI.7.2</a>, <a href="#">RI.8.2</a>          CCSS.ELA-LITERACY.<a href="#">SL.6.5</a>, <a href="#">SL.7.5</a>, <a href="#">SL.8.5</a>          CCSS.ELA-LITERACY.<a href="#">WHST.6-8.6</a></p> <p><b>HI.3</b> Students explain the sources of historical continuity and how the combination of ideas and events explains the emergence of new patterns</p>	<p><b>Think &amp; Do</b>  <a href="#">Make-a-Map: Setting Goals</a></p>
<p>CCSS.ELA-LITERACY.<a href="#">W.6.2</a>, <a href="#">W.7.2</a>, <a href="#">W.8.2</a></p>	<p><b>Assess</b>  <a href="#">Quiz: Malala</a></p>
<p>CCSS.ELA-LITERACY.<a href="#">RI.6.3</a>, <a href="#">RI.7.3</a>, <a href="#">RI.8.3</a>          CCSS.ELA-LITERACY.<a href="#">W.6.1.B</a>, <a href="#">W.7.1.B</a>, <a href="#">W.8.1.B</a></p>	<p><b>Assess</b>  <a href="#">Challenge: Setting Goals</a>  <a href="#">Challenge: Malala</a></p>